



ALPINE AZURE  
evolve...naturally

## GEAR LIST: Spring / Summer / Fall

Below you will find our recommended equipment list. If you are unsure of what to wear for the hike to the hut or have any other questions about gear, please contact us.

### PACKING LIST

#### Clothing:

- Hiking boots (crampon-compatible that have been worn at least one day)
- Shawl (that can be used against the cold or against sun)
- Waterproof jacket
- Trekking Pants (water repellent soft-shell or trekking pants)
- Rain pants
- Down jacket or primaloft
- Thermal long underwear
- Light sweater or jacket (wool or fleece)
- Light gloves for glacier
- Warm hat or headband
- Sun hat
- Personal clothing, including layers & warm clothing (it is cold in the morning/evenings)

#### Material:

- Backpack (at least 40 liters)
- Alpine harness
- Sling (width: 8-25mm, depending on the brand, length: 120-180cm)
- Prusik or reep string (only if you have it available anyway)
- 2 carabiners (screw lock)
- Crampons (make sure they fit your specific boots)
- Alpine ice axe
- Helmet
- Head lamp and extra batteries
- Walking stick (one is required for glacier, but two are optional)
- Sunglasses suitable for glacier - must be polarized, not just normal sunglasses
- Sun protection (min. 30SPF, for face ideally 50SPF)
- Drinking water bottle (at least 1 liter)
- Mat (yoga/camping) used for exercises/stretching/meditation.
- Toiletries and personal medication
- Additional personal snacks for peak day (lunch provide)

### EQUIPMENT RENTAL

It is possible to rent your outdoor equipment such as the harness and crampons, however it is not possible to rent at our destination. Therefore, please ensure you have the equipment when you arrive. Below are links to shops in Switzerland that offer equipment rental:

- [www.cactus-sports.ch](http://www.cactus-sports.ch) (Geneva)
- [www.ruedi-bergsport.ch](http://www.ruedi-bergsport.ch) (Zurich)
- [www.baechli-bergsport.ch](http://www.baechli-bergsport.ch) (multiple cities)